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Morphological response of songbirds to
100 years of landscape change in North America

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21

22 *Abstract.* Major landscape changes caused by humans may create strong selection
 23 pressures and induce rapid evolution in natural populations. In the last 100 years, eastern
 24 North America has experienced extensive clear-cutting in boreal areas, while
 25 afforestation has occurred in most temperate areas. Based on museum specimens, I show
 26 that wings of several boreal forest songbirds and temperate songbirds of non-forest
 27 habitats have become more pointed over the last 100 years. In contrast, wings of most
 28 temperate forest and early-successional boreal forests species have become less pointed
 29 over the same period. In contrast to wing shape, the bill length of most species did not
 30 change significantly through time. These results are consistent with the "habitat isolation
 31 hypothesis", i.e., songbirds evolved in response to recent changes in the amount of
 32 available habitat and associated implications for mobility. Rapid morphological evolution
 33 may mitigate, without necessarily preventing, negative consequences of habitat loss
 34 caused by humans through direct exploitation or climate change.

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36 *Key words:* Rapid evolution; Landscape Ecology; Wing shape; Morphology; Forest
 37 fragmentation; Habitat loss; Museum specimens.

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INTRODUCTION

40 Whether species can adapt rapidly to unprecedented environmental change caused by
 41 humans has become a major concern for ecologists (Rice and Emery 2003). Animals are
 42 able to evolve behavioral and morphological adaptations rapidly enough to track
 43 anthropogenic environmental change over decades or centuries, as illustrated by classic
 44 studies of industrial melanism in moths (Ford 1937), bill size (Grant and Grant 1989) and
 45 wing shape (Vanhooydonck et al. 2009) in Darwin's finches, and migratory behavior
 46 (Berthold et al. 1992). Such rapid evolution may be facilitated by behavioral innovations
 47 (Lefebvre et al. 2004) and may ultimately help population or even species to persist
 48 (Nicolakakis et al. 2003, Bell and Gonzalez 2009). However, gene flow may often inhibit
 49 the ability of local populations to adapt to local or regional environmental dynamics
 50 (Storfer 1999). The generality with which animals undergo rapid evolution in response to
 51 environmental change remains unknown.

52 Forest loss and fragmentation have been major conservation concerns in recent
 53 decades, although their evolutionary consequences generally have been ignored except
 54 for gene flow reduction (Ashley et al. 2003). Forest loss and fragmentation should select
 55 for higher mobility in animals, due to increased habitat isolation (Fahrig 2003), at least
 56 when colonization of fragments remains possible for the most mobile individuals. In
 57 birds, high mobility is often associated with pointed wings (Dawideit et al. 2009),
 58 because they result in more energy-efficient sustained flight (Bowlin and Wikelski 2008).
 59 Wing "pointedness" can evolve rapidly within species (Egbert and Belthoff 2003, Fiedler
 60 2005), and is highly responsive not only to migratory distance (Winkler and Leisler 1992)
 61 but also to the amount of regional movement (Senar et al. 1994). By imposing new

62 constraints on dispersal and other daily movements of birds, forest fragmentation may
 63 require hundreds of additional kilometers of travel for individual birds each year, creating
 64 a new selective pressure for more pointed wings, especially in the case of non-migratory
 65 species. Conversely, reduced habitat fragmentation should favor rounder wings, given the
 66 high cost of take-off (Swaddle and Lockwood 2003) or foraging with more pointed
 67 wings, especially for species foraging close to the ground or in thick vegetation (Savile
 68 1957, Marchetti et al. 1995).

69 North-eastern North America offers a unique "natural experiment" with which to
 70 examine evolutionary change in birds in response to habitat loss and fragmentation. The
 71 temperate part of this region (south of the Laurentian hills) suffered severe deforestation
 72 in the 19th century, followed by a reverse trend of afforestation in the 20th century (Foster
 73 and Motzkin 2003). In contrast, boreal forests of eastern North America (Canadian
 74 shield, Abitibi and Lac-St-Jean lowlands) have been subjected to extensive clear-cuts for
 75 most of the 20th century, leading to a sharp decline of old coniferous forests and their
 76 replacement by younger mixed and deciduous stands (Imbeau et al. 2001, Boucher et al.
 77 2009). If songbird fitness is reduced by the isolation caused by forest loss and
 78 fragmentation — as often implied and sometimes shown in the extensive literature on the
 79 subject (Fahrig 2003) — we should expect evolutionary change in flight-related attributes
 80 such as wing shape in parallel with major changes in habitat isolation (habitat isolation
 81 hypothesis).

82 Using museum specimens, I examined changes in the morphology of forest birds
 83 of north-eastern North-America since the beginning of the 20th century. More
 84 specifically, I tested the following predictions : over the last century, species mostly

85 found in boreal, mature coniferous forests and temperate non-forest habitats evolved
 86 more pointed wings in response to increased fragmentation, whereas species associated
 87 with temperate mature forests and boreal early-successional forests evolved less pointed
 88 wings because of relaxed selection for mobility. Additionally, I examined whether the
 89 above predictions were better supported in non-migratory species than in neotropical
 90 migrant species. Finally, I tested for temporal trends in culmen (bill) length as a
 91 "control", to contrast temporal changes due to mobility with effects of landscape changes
 92 unrelated to isolation.

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METHODS

95 I measured 851 specimens of fully grown (> 1 month post fledging) birds of 21 species
 96 from the Cornell University Museum of Vertebrates and the Canadian Museum of
 97 Nature. Specimens used here were collected between 1900 and 2008, throughout their
 98 species' geographic distribution (exceptions described below). I selected all species
 99 meeting the following requirements : 1) > 10 specimens ranging over most of the last 100
 100 years, 2) small enough to be measured with digital calipers, and 3) unambiguous
 101 association to one of the following four groups: boreal mature forests, temperate mature
 102 forests, boreal open areas (< 20 y old forest stands, shrubs, crops, or pastures), and
 103 temperate open areas, based on Birds of North America monographs (Poole 2005). Two
 104 exceptions were Red-breasted Nuthatch (*Sitta canadensis*) and Brown Creeper (*Certhia*
 105 *americana*); these species breed extensively both in temperate and boreal forests.
 106 Nuthatch specimens from both regions were measured but were analyzed separately. In
 107 the case of Brown Creeper, I analyzed only specimens collected in Maryland, New

108 Hampshire, New York, and Ohio. Only specimens collected east of the Mississippi were
 109 measured in the case of species whose range extended to western North America.

110 I measured the distance between the carpal joint of the right wing and the distal
 111 end of (a) the outermost secondary feather, and (b) wing tip (unflattened wing chord). I
 112 used the ratio of distances $100 \cdot (b-a)/b$, also known as "primary projection", to evaluate
 113 wing pointedness (Fig. 1). Left wings were used for measurement when right wings were
 114 damaged or absent from the specimen ($n = 24$). I also measured the total length of the
 115 culmen (bill) from skull to the distal end of the upper mandible. All measurements were
 116 made with digital calipers under a dissecting microscope. Specimens with apparent molt
 117 of flight feathers or extensive feather wear were infrequent ($n < 30$) and discarded from
 118 analyses. A random sample of 128 specimens was measured twice (non-sequentially, i.e.,
 119 "blind"), to assess measurement error. Median differences between measurements of the
 120 same specimens were 0.25 mm, 0.30 mm and 0.16 mm for secondary feathers, wing
 121 chord and total culmen respectively, yielding intra-class correlation coefficients
 122 (measurement repeatabilities) $> 98.9\%$. I estimated temporal changes in primary
 123 projection for single species with linear models using the following covariates: year of
 124 collection and sex. Mean temporal changes in primary projection for each of the four
 125 species groups were obtained from mixed-effects linear models, with year of collection as
 126 covariate, and species and sex within species as random effects (SAS Institute 2009). In
 127 the case of mature forest species, migratory status (migrant or not) was also included as a
 128 fixed-effect covariate (species from open habitats were all migrant). Mean changes in
 129 culmen length for each of the four species groups were assessed with year of collection as
 130 a covariate and species and sex within species as random effects. Model residuals were

131 examined visually through diagnostic plots and no strong departures from normality or
 132 homoscedasticity were noted. I did not use independent, phylogeny-based contrasts in the
 133 analysis, because I assume that phylogenetic relationships among species did not greatly
 134 influence significance testing, given the very short time periods involved, and the
 135 presence of temporal change in a broad variety of the taxa examined.

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RESULTS

138 Primary projection of half of the species selected for study changed significantly over the
 139 last century (Table 1). Only one of the 11 significant temporal trends (Wilson's Warbler,
 140 *Wilsonia pusilla*, Table 1) was opposite to the prediction from the habitat isolation
 141 hypothesis (binomial test, $P = 0.01$). In accordance with predictions, songbirds of
 142 temperate mature forests evolved rounder wings, while those of boreal mature forests
 143 evolved more pointed wings, after inter-specific and sexual differences were accounted
 144 for (Table 1; Fig. 2). Primary projection trends for birds of open areas such as fields and
 145 young forests were opposite to those of mature forest species of the same region, again
 146 consistent with predictions. Temporal trends differed greatly among the four species
 147 groups (mixed model, year \times group interaction, $F_{3,803} = 32.1$, $P < 0.0001$).

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149 Additionally, there was evidence for regional differences in wing shape trends within
 150 species: Red-breasted Nuthatch had increasingly pointed wings in boreal areas, and
 151 rounder wings in temperate regions over the last century (region \times year interaction $F_{1,74} =$
 152 7.4, $P = 0.008$). Migratory status was unrelated to change in wing shape in the temperate
 153 mature forest species (year \times migratory status interaction: $F_{1,250} = 1.08$, $P = 0.3$).

154 However, over the last century, increase in primary projection was greater by 1.74 %
 155 (± 0.86 SE) in residents than in migrants in the case of boreal mature forest species
 156 ($F_{1,364} = 4.02$, $P = 0.046$). Wings of mature forest species were more pointed than those
 157 of species in young successional or open habitats (Table 1; $F_{1,890} = 330.0$, $P < 0.0001$)
 158 suggesting an influence of foraging substrate. In contrast to wing shape, culmen length
 159 seldom changed over the last 100 years. It changed only in mature boreal species, with
 160 five of the six species having longer culmens (mean = 0.47 mm per 100 y, SE = 0.21,
 161 $t_{357} = 2.2$, $P = 0.03$).

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DISCUSSION

164 These documented changes in avian wing morphology over the last century are
 165 remarkably consistent with the hypothesis that forest loss and fragmentation induces
 166 strong selection pressure for mobility. Only Wilson's Warbler did not fit the expectation
 167 of the habitat isolation hypothesis, possibly because of misclassification of its habitat,
 168 which is often riparian (Ammon and Gilbert 1999), or undocumented pressure on
 169 movements, such as possible changes in wintering areas. These results provide new
 170 evidence in support of the thesis that habitat loss and fragmentation have lasting
 171 consequences on avian behavior, fitness and ultimately, evolution (see also Lens et al.
 172 (1999)). That the physiological advantages of elongated wings (Bowlin and Wikelski
 173 2008) and the isolation cost of habitat fragmentation (Fahrig 2003) would result in rapid
 174 evolution of wing morphology is not trivial; alternatively, the selective pressure may
 175 have been insufficient or overcome by gene flow, resulting in no measurable evolutionary
 176 response. Few studies on birds have shown fitness consequences of habitat

177 fragmentation, especially in terms of increased isolation (as opposed to effects that
 178 fragmentation may have on habitat quality). However, in a meta-analysis of 80 avian
 179 species, Lampila et al. (2005) showed that habitat fragmentation does have fitness
 180 implications. Specifically, they showed that pairing success was the reproductive variable
 181 most influenced by forest fragmentation, suggesting that fitness consequences of habitat
 182 fragmentation are mostly the result of habitat isolation.

183 Of course, there are possible alternative explanations, given the large number of
 184 factors responsible for avian wing morphology (Marchetti et al. 1995). Although primary
 185 projection is not known to systematically change with age, wing length does change with
 186 age in some species (Alatalo et al. 1984) and may have confounded temporal trends.
 187 However, there was no measurable change in the proportion of first-year birds through
 188 time in the 578 specimens measured for which age determination was reliable (logistic
 189 regression: $P > 0.17$ in each group of species), thus making age-related bias in the
 190 samples very unlikely. A second alternative explanation is that changes in primary
 191 projection may simply reflect phenotypic, as opposed to genetic, change (Gienapp et al.
 192 2008). However, body measurements are highly heritable, with narrow-sense h^2 generally
 193 between $\sim 0.6 - 0.7$ in the case of wing length, which as in this study combines but does
 194 not distinguish skeletal and feather components (Boag and van Noordwijk 1987). Thus,
 195 although various stresses on feather or skeletal growth may account for the patterns
 196 observed, heritable variation almost certainly accounted for part of the temporal change
 197 in primary projection. A third alternative hypothesis is that size measurements often vary
 198 geographically and population shifts over constant collecting locations have been
 199 responsible for the temporal trends, but this is unlikely given the broad geographic extent

200 of sampling locations for most species. Furthermore, if population shifts occurred, they
 201 would have been non-random with respect to landscape changes; otherwise they would
 202 have obscured the differences in temporal trends among species groups. Finally, changes
 203 in primary projection possibly reflect changes in habitat other than isolation per se (e.g.,
 204 food resources). The difference in primary projection between mature forest species and
 205 open/shrub species supports this idea, but the lack of temporal trends in culmen length in
 206 species found outside mature boreal forests is inconsistent with the idea that changes in
 207 foraging strategy are the main driving force behind temporal trends in wing shape.

208 Museum specimens have been used previously to document rapid evolutionary
 209 change in birds (Smith et al. 1995) and mammals (Pergams and Ashley 1999). However,
 210 museum specimens remain a relatively untapped data source that could provide key
 211 information relevant to the fate of birds and other species in response to rapidly changing
 212 environments. The assumption that species do not respond adaptively to rapid
 213 environmental change caused by humans is frequent and probably wrong in many cases,
 214 and several authors have warned that this may lead to species mismanagement (Ashley et
 215 al. 2003, Rice and Emery 2003, Stockwell et al. 2003, Bell and Gonzalez 2009). As with
 216 their ability to adapt to climate change (Walther et al. 2002), birds' ability to adapt
 217 rapidly to forest loss and fragmentation may mitigate, without necessarily preventing, the
 218 risk of regional extirpation or extinction. Further research should investigate the potential
 219 for rapid evolution in response to habitat fragmentation in other parts of the World, in
 220 particular the tropics, where recent decline in habitat area, as well as lack of dispersal
 221 ability in birds, are sometimes drastic. Hopefully this research will contribute to the

222 emerging drive towards "evolutionary-enlightened management" (Ashley et al. 2003) of
 223 species in the hope of reducing the risk of regional extirpation or extinction.

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322 **Table 1** Change in primary projection in 21 songbird species, 1900-2008. Migratory status based on winter distribution:
 323 Residents (R) = year-round in their breeding range, Short-distance (SD) = mostly in continental US, long-distance (LD) = in the
 324 Caribbean or south of continental US.

325

Species	Migratory status	Primary projection (% of wing chord)*	Change in Primary projection (/100 y)	SE	Error df	<i>t</i>	<i>P</i>
Temperate mature forest			-2.73	0.45	251	-6.07	< 0.001
Red-breasted Nuthatch, <i>Sitta canadensis</i>	R	25.4	-1.65	1.78	17	-0.92	0.369
White-breasted Nuthatch, <i>S. carolinensis</i>	R	30.2	-2.14	0.95	47	-2.24	0.030
Brown Creeper, <i>Certhia americana</i>	SD	23.7	-3.64	1.49	35	-2.44	0.020
Pine Warbler, <i>Dendroica pinus</i>	SD	26.4	-2.24	1.77	21	-1.26	0.221
Black-throated Blue Warbler <i>D. caerulescens</i>	LD	24.2	-4.59	0.81	44	-5.66	< 0.001
Cerulean Warbler, <i>D. cerulea</i>	LD	32.5	-1.47	2.72	15	-0.54	0.597

Hooded Warbler, <i>Wilsonia citrina</i>	LD	24.1	-2.79	1.75	25	-1.60	0.123
Scarlet Tanager, <i>Piranga olivacea</i>	LD	31.0	-1.56	0.94	40	-1.66	0.104
Boreal mature forest			3.05	0.43	365	7.09	< 0.001
Boreal Chickadee, <i>Poecile hudsonica</i>	R	18.5	4.23	1.29	73	3.28	0.002
Red-breasted Nuthatch, <i>S. canadensis</i>	R	24.5	3.24	0.96	56	3.36	0.001
Gray Jay, <i>Perisoreus canadensis</i>	R	20.1	4.56	1.42	45	3.22	0.002
Yellow-rumped Warbler, <i>D. coronata</i>	SD	25.8	1.73	1.07	51	1.62	0.111
Cape May Warbler, <i>D. tigrina</i>	LD	28.9	3.13	0.85	72	3.69	< 0.001
Bay-breasted Warbler, <i>D. castanea</i>	LD	30.4	2.10	0.84	63	2.50	0.015
Temperate open habitats			3.42	1.30	94	2.63	0.010

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Eastern Meadowlark, <i>Sturnella magna</i>	SD	22.2	2.17	2.38	21	0.91	0.372
Field Sparrow, <i>Spizella pusilla</i>	SD	17.5	0.89	2.70	26	0.33	0.743
Henslow's Sparrow, <i>Ammodramus henslowii</i>	SD	16.4	12.5	5.84	20	2.14	0.045
Grasshopper Sparrow, <i>A. savannarum</i>	SD	20.0	4.20	2.06	24	2.04	0.052
Boreal open habitats			-1.48	0.55	93	-2.70	0.008
Lincoln's Sparrow, <i>Melospiza lincolnii</i>	LD	20.2	-0.94	1.56	16	-0.60	0.558
Magnolia Warbler, <i>D. magnolia</i>	LD	22.3	-1.85	0.64	37	-2.88	0.007
Mourning Warbler, <i>Oporornis philadelphia</i>	LD	23.6	-1.94	1.22	26	-1.59	0.123
Wilson's Warbler, <i>Wilsonia pusilla</i>	LD	21.9	7.31	2.84	11	2.57	0.026

326 * Corrected for year (set to 1950).

327 **Figure Legends**

328

329 **FIG. 1.** Measurements used to calculate primary projection in wings of museum
330 specimens, showing the distance between the carpal joint of the right wing and the distal
331 end of (a) the outermost secondary feather, and (b) wing tip (unflattened wing chord).
332 Photo of female Scarlet Tanager, by A. Desrochers.

333

334 **FIG. 2.** Change in primary projection in wings of four groups of eastern North American
335 songbirds since 1900. Species groups based on breeding range and habitat. Scales are
336 identical to facilitate comparisons.

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