

Todd C. Baird, Ph.D.

Counseling and Psychological Services Center
Weber State University
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EDUCATION

M.B.A., Master of Business Administration. (2007 Projected)

Weber State University, Ogden, Utah

Association to Advance Collegiate Schools International of Business accredited

Ph.D., Marriage and Family Therapy. (1993-2001)

Brigham Young University, Provo, Utah

American Association of Marriage and Family Therapy accredited program

M.A., Psychology: School Counseling. (1991-1993)

Utah State University, Logan, Utah

American Psychological Association accredited program

B.A., Psychology (major) / Spanish (minor). (1986-1991)

Utah State University, Logan, Utah

ADMINISTRATIVE EXPERIENCE

Team Director (Island View Residential Treatment Center)

- Duties: Supervised milieu managers and lead milieu managers assigned to treatment units. Conducted hiring interviews and performance evaluations. Performed disciplinary actions as needed. Managed all unit services and activities. Coordinated and facilitated clinical staffing meetings. Assisted in the clinical development of agency programs. Marketed agency and program to educational consultants. Provided individual, group, and family therapy. Planned, presented, and facilitated at training seminars, employee retreats, and workshops for professional staff, parents, and program graduates. August 1997 to July 2001.

Program Director (Klamath Youth Development Center: Day Treatment Program)

- Duties: Oversaw all day to day program operations. Supervised both treatment and educational staff within the day treatment program. Assured staff adherence to all agency policies and procedures. Completed yearly performance evaluations. Provided weekly clinical supervision to program therapists. Oversaw all admissions and discharges. Assisted in the developed of program and agency policies. Coordinated educational program components with both county and city school districts. Provided individual, group, and family therapy. November 1996 to August 1997.

COUNSELING EXPERIENCE

Therapist (Weber State University Counseling and Psychological Services)

- Duties: Serve as key interface between the Counseling Center and Weber State University – Davis Campus. Provide individual, marital, and family therapy. Participate in university outreach. Advocate for students with developmental or life challenges which impede academic performance. Consult with university departments experiencing organizational and employee problems. Complete clinical evaluations and assessments. August 2003 to Present.

Therapist (L.D.S. Family Services)

- Duties: Complete clinical evaluations and assessments. Provide individual, marital, and family therapy. Consult with community resources. Coordinate and consult with referral sources and other community agencies. February 2002 to Present.

Care Manager (Magellan Behavioral Health)

- Duties: Authorized the utilization of mental health and substance abuse services. Managed and reviewed inpatient and intermediate care treatment for patients. Facilitated and assisted with discharge planning and ambulatory follow up. Provided telephone triage, crisis intervention and emergency authorizations. September 2001 to July 2002.

Therapist (Klamath Youth Development Center: Residential Program)

- Duties: Completed clinical evaluations and assessments. Consulted with local court authorities and community agencies. Participated in multi-disciplinary staffing meetings. Served on the internal review board for quality assurance. Provided individual therapy. Provided in-home couple and family therapy in both English and Spanish. Facilitated adolescent and parent group therapy. Translated counseling materials into Spanish. June 1996 to November 1996.

Therapist (Associated Psychological Consultants Incorporated)

- Duties: Participated in weekly chemical dependency training meetings and weekly multi-disciplinary staffing. Provided community and court consulting. Completed chemical dependency and domestic violence evaluations. Taught State of Utah approved Driving Under the Influence course. Co-facilitated English and Spanish speaking domestic violence groups, child and adolescent domestic violence groups, chemical dependency groups, chemical dependency family treatment group, and chemical dependency aftercare group. Provided therapy to individuals, couples, and families experiencing a broad range of problems and disorders. September 1995 to June 1996.

Therapist (Brigham Young University Comprehensive Clinic)

- Duties: Provided therapy to individuals, couples, and families experiencing a broad range of problems and disorders including: adolescent conduct disorder, anxiety, borderline personality, bulimia, chemical dependency, depression, divorce adjustment, domestic violence, sexual abuse, and sexual dysfunction; attended a minimum of three hours of direct supervision per week. Approximately, 10% of sessions were conducted in Spanish. October 1993 to September 1995.

Counseling Intern (Cedar Ridge Middle School)

- Duties: Provided counseling to adolescents and parents. Performed administrative duties. Participated in weekly supervision meetings and student development needs meetings. May 1993 to July 1993.

Counseling Intern (Mountain Crest High School)

- Duties: Provided counseling to adolescents and parents. Taught life skills and career development courses. Participated in the schools drug prevention and at risk youth program. Participated in weekly supervision meeting. 1992-1993 School Year.

TEACHING EXPERIENCE**Adjunct Faculty (Weber State University)**

- Taught 1-2 courses per semester in the psychology department. Courses taught included: Adolescent Psychology 3140, Child Psychology 3000, Interpersonal Psychology 2000, Abnormal Psychology 3010, Introduction to Psychology 1010. July 2003 to Present.

Faculty (Weber State University - Davis Campus)

- Full time faculty member in Psychology Department. Acted as key interface between the Department of Psychology and the Weber State –Davis Campus. Taught 12 courses during the academic school year (10 salaried and 2 additional contracts) and provided academic advisement to psychology students at the Weber State University - Davis Campus. Courses taught included: Adolescent Psychology 3140, Child Psychology 3000, Interpersonal Psychology 2000, Abnormal Psychology 3010, Introduction to Psychology 1010. July 2002 to July 2003.

Instructor (Brigham Young University)

- Taught three counseling lab courses to undergraduate students in the Department of Psychology and Family Sciences. September 1995 to August 1996.

Teaching Assistant (Brigham Young University)

- Organized course materials and assisted in teaching an advanced undergraduate course in the Department of Family Sciences. August 1994 to April 1995.

OUTREACH, CONSULTATION AND INVITED PRESENTATIONS**National Alcohol Screening Day (Weber State University)**

- Provided information and psycho-educational materials about substance abuse to students and staff at WSU. Administered and interpreted a substance abuse screening questionnaire. Assessed the need for further follow-up and made appropriate referrals. April 2005 and 2004

National Depression Screening Day (Weber State University)

- Provided information and psycho-educational materials about depression, anxiety, and post-traumatic stress disorder to students and staff at WSU. Administered and interpreted National Depression Day Screening Tool. Assessed the need for further follow-up and made appropriate referrals. October 2005 and 2004

Cutting and Self Harm in Adolescence (Weber State University)

- Invited as a guest lecturer to present on cutting and self harm in student populations to an undergraduate communications course. Facilitated discussion and assisted in the acquisition of information for a class final project regarding local and national trends in self harm. March 2005

Improving Our Communication Skills (Weber State University- Davis Campus)

- Invited as a guest lecturer to present to students and staff on communication skills and their application in school, work, and personal relationships. Role- played scenarios and invited questions from audience. February 2005

Suicide in Student Populations (Weber State University)

- Invited as a guest lecturer to present on suicide prevention in student populations. Showed movie clips illustrating contributing factors to suicide, discussed recognition of at risk students and interventions. February 2005

New Achievements Youth Services

- Consulted with owner of a start up company in regards to designing, marketing, and managing a residential treatment program for adolescents. Evaluated and provided feedback on treatment manuals and program literature. Discussed processes involved in connecting to educational consultants, explained standards necessary in operating and marketing program to both referral sources and parents. March 2005

Academic Support Services & Programs Annual Training (Weber State University)

- Presented as a key note speaker to academic support staff and tutors at Weber State University on how they can appropriately and effectively deal with students who present with mental health needs such as anxiety, depression, and relationship problems that are impeding their academic performance. Role-played situations that may arise in the course of their work with students including how to respond and make an appropriate referral to the counseling and psychological services center. August 2004.

Stress Management and Coping (Weber State University Davis - Campus)

- Invited as a guest lecturer to present to students and staff on stress management skills and their application to being effective in school, work, and attaining personal goals. Role-played scenarios and answered questions from audience. March 2004

Tutoring Students with Mental Health Issues (Weber State University)

- Invited as a guest lecturer to present to writing center tutors and staff on dealing with student mental health issues. Discussed recognition of counseling needs, the impact of mental health issues on academic functioning, and appropriate intervention including how to refer for professional services. October 2004

Improving Interpersonal Relationships (Weber State University- Davis Campus)

- Presented Miller and Miller's (1991) Interpersonal Communication Model, involved audience in role-play and other communication activities. March 2003

Improving Marital Relationships (Church of Jesus Christ of Latter Day Saints)

- Invited as a presenter to an audience of fifty couples concerning how to improve marital relationships. Gave a didactic presentation on systemic theory and how it applies to marital relations, involved audience using role-play and the experiential techniques of Virginia Satir (1988). April 2002

Improving Parent-Child Relations (Church of Jesus Christ of Latter Day Saints)

- Invited as a presenter at a day workshop to an audience of parents concerning how to improve parent-child relationships and manage child behavioral problems, presented psycho-educational materials and information about behavioral interventions. Discussed family systems and parenting from a structural family therapy perspective (Minuchin). Involved parents in problem solving activity and role-played effective interventions. November 2000

COMMITTEE WORK

Counseling and Psychological Services Center Selection Committee

- Review and evaluate applications to the Weber State University Counseling and Psychological Services Center, rank order candidates, participate in telephone interviews and formal in-person interviews. February 2005 - Present.

Student Affairs Professional Development Task Force

- Generated suggestions for improving student affairs employee development. Assisted in putting together a written action plan for improving professional development. October 2004 – May 2005

RESEARCH EXPERIENCE

Doctoral Dissertation. *James Harper, Ph.D., Brigham Young University.* Provo, Utah.

- Completed doctoral dissertation. The effects of parental self-disclosure and connection on parent-child relationship satisfaction, child social initiative, and child self-esteem. 1995 to 2001

Research Assistant. D. Russell Crane, Ph.D., Brigham Young University. Provo, Utah.

- Conducted research and writing in marriage and family therapy including an in-depth summary on divorce for L.D.S. Social Services. August 1993 to April 1994

Research Assistant. Tamara Ferguson, Ph.D., Utah State University. Logan, Utah.

- Developed measures and conducted family interviews for a study on guilt and shame. January 1991 to June 1992

Research Assistant. Carl Cheney, Ph.D., Utah State University. Logan, Utah.

- Conducted pharmacological research; administered drug dosages and tested behavioral outcome. October 1991 to June 1992.

Research Assistant. Phil Rogers, Ph.D., Utah State University. Logan, Utah.

- Assisted in evaluation of year-round education in Cache County School District. November 1991 to January 1992

PRESENTATIONS

Baird, T., (1994). *The process of self-disclosure in family relationships*. Paper presented at Brigham Young University Family Sciences Symposium, Provo, UT.

Baird, T., (1994). *The effects of parental self-disclosure on parent-child relationships and its application to the practice of Marriage and Family Therapy*. Paper presented at the Utah Association of Marriage and Family Therapy Conference, Midway, UT.

LICENSING and AFFILIATIONS

- Licensed Marriage and Family Therapist in the State of Utah
- Licensed School Counselor in the State of Utah (Level II)
- Member of the American Association of Marriage and Family Therapists

REFERENCES

Dianna Rangel, Ph.D., Director
Counseling and Psychological Services
Weber State University
1114 University Circle
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William McVaugh, Ph.D., Professor Emeritus
Department of Psychology
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