Course Name: Advanced Practice Nursing: Women’s Health

Course Prefix: MSN

Course Number: 6250

Submitted by: Monte Roberts, monteroberts1@weber.edu

Current Date: 2/16/2015 College: Health Professions

Department: Nursing

From Term: Fall 2016

Substantive

new

Current Course Subject: N/A

Current Course Number:

New/Revised Course Information:

Subject: MSN

Course Number: 6250

Check all that apply:

This is for courses already approved for gen ed. Use a different form for proposing a new gen ed designation.

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Course Title: Advanced Practice Nursing: Women’s Health

Abbreviated Course Title: Adv Pract Nrsg: Women

Course Type: LEC

Credit Hours: 2

or if variable hours: to

Contact Hours:

Lecture: 30

Lab:

Other:

Repeat Information:

Limit: 0

Max Hrs: 0

Grading Mode: standard

This course is/will be:

a required course in a major program X

a required course in a minor program

a required course in a 1- or 2- year program

elective

Prerequisites/Co-requisites:

Co-requisite MSN 6251 Advanced Practice Nursing Clinical: Women's Health

Course description (exactly as it will appear in the catalog, including prerequisites):

This is the theory companion course to MSN 6251 Advanced Practice Nursing Clinical: Women’s Health. This course is designed to prepare the nurse practitioner student to gain knowledge centered on the unique health care needs of women. The course will prepare students to manage prevalent health care concerns of women, including; maturation, sexuality, family planning, contraception, perinatal care (preconception through pregnancy), and menopause. Concepts will focus on strategies for health promotion and disease prevention through the lifespan of a woman, as well as management of selected issues related to fertility, pregnancy, and aging. Co-requisite MSN 6251 Advanced Practice Nursing Clinical: Women's Health.

Justification for the new course or for changes to an existing course. (Note: Justification should emphasize academic rationale for the change or new course. This is particularly important for courses requesting upper-division status.)

Graduate nursing program accrediting bodies (ACEN & CCNE) and Family nurse practitioner certification testing (ANCC & AANP) requires family nurse practitioner students to have graduate level course work in management the health and disease management for patients of all age groups and specialties served by family nurse practitioners. The course areas that the WSU SON has identified for the FNP student are the adult, older adult, infants through adolescents, and women's health. This course follows national guidelines for women's health practice across the woman's lifespan.

INFORMATION PAGE

for substantive proposals only

1. Did this course receive unanimous approval within the Department?

true

If not, what are the major concerns raised by the opponents?

2. If this is a new course proposal, could you achieve the desired results by revising an existing course within your department or by requiring an existing course in another department?

No other course offered is at a graduate level, nor meets the guidelines needed for national licensure requirements.

3. How will the proposed course differ from similar offerings by other departments? Comment on any subject overlap between this course and topics generally taught by other departments, even if no similar courses are currently offered by the other departments. Explain any effects that this proposal will have on program requirements or enrollments in other department. Please forward letters (email communication is sufficient) from all departments that you have identified above stating their support or opposition to the proposed course.

No similar courses are offered in other departments. No content overlap will be affected in other programs, as the course is specialized for the scope of the nurse practitioner.

4. Is this course required for certification/accreditation of a program?

yes

If so, a statement to that effect should appear in the justification and supporting documents should accompany this form.

5. For course proposals, e-mail a syllabus to Faculty Senate which should be sufficiently detailed that the committees can determine that the course is at the appropriate level and matches the description. There should be an indication of the amount and type of outside activity required in the course (projects, research papers, homework, etc.).

Please mail a signed approval pageto the Faculty Senate Office, MA 210J, MC 1033.

**WEBER STATE UNIVERSITY**

**SCHOOL OF NURSING**

Course Syllabus

**A. COURSE NUMBER AND NAME:**

            MSN 6250 Advanced Practice Nursing: Women’s Health

**B. CREDIT HOURS**:

Three (3) credit hours.

**C. COURSE DESCRIPTION:**

This is the theory companion course to MSN 6251 Advanced Practice Nursing Clinical: Women’s Health. This course is designed to prepare the nurse practitioner student to gain knowledge centered on the unique health care needs of women. The course will prepare students to manage prevalent health care concerns of women, including; maturation, sexuality, family planning, contraception, perinatal care (preconception through pregnancy), and menopause. Concepts will focus on strategies for health promotion and disease prevention through the lifespan of a woman, as well as management of selected issues related to fertility, pregnancy, and aging. Co-requisite MSN 6251 Advanced Practice Nursing Clinical: Women's Health.

**D. COURSE OUTCOMES:**

Upon completion of this course, the student will be able to:

1. Create patient-centered management plans, based on current evidenced-based practice,
   1. trends, cost, safety and the patient’s current treatment.
2. Appraise the nurse practitioner’s role in inter-professional patient care management.
3. Integrate best evidence to achieve optimal care delivery.
4. Structure healthcare systems to reflect quality and safety standards.
5. Anticipate and plan for patient and family safety.
6. Design patient-centered care environments that integrate technology.

**E. COURSE CONCEPTS:**

1. Communication
2. Coping
3. Family
4. Reproduction
5. Self

**F. TEACHING STRATEGIES:**

* Individual and Group Focused Discussion
* Group Presentations
* Selected readings
* Scholarly assignments

**G.         METHODS OF EVALUATION:**

* Content Expert Group Presentation
* Course participation/preparation & responses to structured discussion & critical thinking
  1. exercises (face-to-face /online asynchronous discussions)
* Case studies
* Discussions
* Tests

Grading Scale:

|  |  |  |  |
| --- | --- | --- | --- |
| 100-95% = A | 86-83%  = B | 76-73%  = C | 66-63%  = D |
| 94 90%  = A- | 82-80%  = B- | 72-70%  = C- | 62-60%  = D- |
| 89-87% = B+ | 79-77% = C+ | 69-67% = D+ | 59% and below=E |

Students must have an 80% average in this course to pass the course and continue in the nursing program. (Refer to Nursing Department Student Handbook)

To receive a grade, all course requirements must be met.

**H.        REQUIRED TEXTS:**

Beckmann, C. R., Ling, F. W., Herbert, W. Douglas, L. W., Smith, R. P., Casanova, R.

Chuang, A., Goepfert, A. R., Hueppchen, N. A., Weiss, P. M. (2014). *Obstetrics*

*and gynecology* (7th Ed.) Philadelphia, PA: Lippincott Wiliams & Wilkins.

Hawkins, J. W., Roberto-Nichols, D. M. & Stanley-Haney J. L. (2012). *Guidelines for*

*nurse practitioners in gynecologic settings* (10th Ed). New York, NY: Springer.

**J.         COURSE FORMAT:**

1. Healthy Woman Annual Exam
   1. Gynecological
      1. Pap Smear
   2. Weight Management
   3. Assessment for Abuse & Violence
2. Family Planning
   1. Contraceptives
   2. Embryology and Anatomy
   3. Ethics, Liability and Patient Safety
3. Mental Health
   1. Premenstrual Syndrome
   2. Pre/Postpartum Depression
4. Obstetrics I
   1. Maternal-Fetal Physiology
   2. Genetic Disorders
   3. Antepartum Care
   4. Intrapartum
5. Obstetrics II
   1. Postpartum Hemorrhage
   2. Multi-fetal Gestation
   3. Fetal Growth
6. Obstetrics III
   1. Pre-term Labor
   2. Third-Trimester Bleeding
   3. Premature Rupture of Membranes
   4. Ectopic Pregnancy and Abortion
   5. Post-Term Pregnancy
7. Gynecological
   1. Sterilization
   2. Sexually Transmitted Infections
   3. Endometriosis
   4. Dysmenorrhea & Pelvic Pain
8. Genitourinary
   1. Urinary Tract Infections
   2. Painful Bladder
   3. Loss of Pelvic Floor
9. Reproductive
   1. Menstrual & Ovulation Cycles
   2. Puberty/Menstrual
   3. Infertility
10. Reproductive II
    1. Hormonal Imbalances
       1. Hirsutisms
       2. Virilization
    2. Menopause
    3. Osteoporosis
    4. Hormone Therapy
11. Reproduction III
    1. Sexual Dysfunction
    2. Cysts
12. Breast Conditions
    1. Discharge
    2. Pain
    3. Masses
13. Cancer I
    1. Cellular Biology of Cancer Therapies
    2. Gestational Neoplasia
14. Cancer II
    1. Ovarian
    2. Vaginal
    3. Cervical
    4. Breast

**K.        PROFESSIONAL CONDUCT:**

Students are expected to abide by the WSU student code and the Nurse Practice Act of the State of Utah. Plagiarism or any other form of cheating will result in failure of the

course and probable dismissal from the BSN program. WSU subscribes to Turnitin.com, an electronic service that verifies the originality of student work. Enrollment in this course may require you to submit some or all of your assignments to it this semester, and documents submitted to TurnItIn.com are retained anonymously, in their databases. Continued enrollment in this course constitutes an understanding of an agreement with this policy.

**L.**        **SYLLABUS DISCLOSURE STATEMENT:**

The syllabus is the governing document for this course.  Your decision to take this course amounts to your tacit consent to the conditions of this syllabus.  The professor, as well, is bound by the terms of this syllabus and may not make any significant changes, unless the class as a whole approves them.

**M.**       **SERVICES FOR STUDENTS WITH DISABILITIES:**

Services for Students with Disabilities: Any student requiring accommodations or services due to a disability must contact Services for Students with Disabilities (SSD) in room 181 of the Student Service Center.  SSD can also arrange to provide course materials (including this syllabus) in alternative format if necessary.  Disabled individuals requesting accommodations should be referred to SSD so that disability documentation can be acquired and appropriate accommodations arranged.  Please phone: 801-626-6413.