Course Name: Advanced Practice Nursing: Older Adult

Course Prefix: MSN

Course Number: 6240

Submitted by: Monte Roberts, monteroberts1@weber.edu

Current Date: 2/16/2015 College: Health Professions

Department: Nursing

From Term: Fall 2016

Substantive

new

Current Course Subject: N/A

Current Course Number:

New/Revised Course Information:

Subject: MSN

Course Number: 6240

Check all that apply:

This is for courses already approved for gen ed. Use a different form for proposing a new gen ed designation.

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Course Title: Advanced Practice Nursing: Older Adult

Abbreviated Course Title: Adv Pract Nrsg: Old Adult

Course Type: LEC

Credit Hours: 2

or if variable hours: to

Contact Hours:

Lecture: 30

Lab:

Other:

Repeat Information:

Limit: 0

Max Hrs: 0

Grading Mode: standard

This course is/will be:

a required course in a major program X

a required course in a minor program

a required course in a 1- or 2- year program

elective

Prerequisites/Co-requisites:

Co-requisite MSN 6241 Advanced Practice Nursing Clinical: Adult & Older Adult

Course description (exactly as it will appear in the catalog, including prerequisites):

This is the theory companion course to MSN 6241 Advanced Practice Nursing Clinical: Adult & Older Adult. This course is designed to provide advanced theoretical knowledge and emphasis on older adult healthcare for the nurse practitioner student. The course will prepare the student to manage prevalent healthcare concerns for older adults in the community and a variety of health care settings. The course will also focus on the various health issues for older adults, including health promotion, functional ability, chronic disease management, polypharmacy, palliative intervention, and end-of-life care. Co-requisite MSN 6241 Advanced Practice Nursing Clinical: Adult & Older Adult.

Justification for the new course or for changes to an existing course. (Note: Justification should emphasize academic rationale for the change or new course. This is particularly important for courses requesting upper-division status.)

Graduate nursing program accrediting bodies (ACEN & CCNE) and Family nurse practitioner certification testing (ANCC & AANP) requires family nurse practitioner students to have graduate level course work in management the health and disease management for patients of all age groups and specialties served by family nurse practitioners. The course areas that the WSU SON has identified for the FNP student are the adult, older adult, infants through adolescents, and women's health. There is a significant need for advanced practice education for nurse practitioners in the growing population of older adults, specifically in outpatient and rural communities.

INFORMATION PAGE

for substantive proposals only

1. Did this course receive unanimous approval within the Department?

true

If not, what are the major concerns raised by the opponents?

2. If this is a new course proposal, could you achieve the desired results by revising an existing course within your department or by requiring an existing course in another department?

No, this is a new required course for a new program. No other offerings meet the requirements for nurse practitioner national licensure.

3. How will the proposed course differ from similar offerings by other departments? Comment on any subject overlap between this course and topics generally taught by other departments, even if no similar courses are currently offered by the other departments. Explain any effects that this proposal will have on program requirements or enrollments in other department. Please forward letters (email communication is sufficient) from all departments that you have identified above stating their support or opposition to the proposed course.

No other graduate course is offered. This course will not overlap or affect any other departmental offerings.

4. Is this course required for certification/accreditation of a program?

yes

If so, a statement to that effect should appear in the justification and supporting documents should accompany this form.

5. For course proposals, e-mail a syllabus to Faculty Senate which should be sufficiently detailed that the committees can determine that the course is at the appropriate level and matches the description. There should be an indication of the amount and type of outside activity required in the course (projects, research papers, homework, etc.).

Please mail a signed approval page to the Faculty Senate Office, MA 210J, MC 1033.

**WEBER STATE UNIVERSITY**

**SCHOOL OF NURSING**

Course Syllabus

**A. COURSE NUMBER AND NAME:**

            MSN 6240 Advanced Practice Nursing: Older Adult

**B. CREDIT HOURS**:

Three (3) credit hours.

**C. COURSE DESCRIPTION:**

This is the theory companion course to MSN 6241 Advanced Practice Nursing Clinical: Adult & Older Adult. This course is designed to provide advanced theoretical knowledge and emphasis on older adult healthcare for the nurse practitioner student. The course will prepare the student to manage prevalent healthcare concerns for older adults in the community and a variety of health care settings. The course will also focus on the various health issues for older adults, including health promotion, functional ability, chronic disease management, polypharmacy, palliative intervention, and end-of-life care. Co-requisite MSN 6241 Advanced Practice Nursing Clinical: Adult & Older Adult.

**D. COURSE OUTCOMES:**

Upon completion of this course, the student will be able to:

1. Create patient-centered management plans, addressing the special issues of older adults.
2. Appraise the nurse practitioner’s role in inter-professional patient care management.
3. Integrate best evidence to achieve optimal care delivery for older adults.
4. Structure healthcare systems to reflect quality and safety standards.
5. Anticipate and plan for the special safety needs of older adults.
6. Design patient-centered care environments that integrate technology.

**E. COURSE CONCEPTS:**

1. Coping
2. Crisis
3. Grief and Loss
4. Spirituality
5. Social Functioning
6. Stress
7. Oxygenation
8. Perfusion
9. Elimination
10. Mobility
11. Sensory Perception
12. Mood disorders
13. Violence
14. Collaboration

**F. TEACHING STRATEGIES:**

* Individual and Group Focused Discussion
* Group Presentation
* Selected readings
* Structure discussion & critical thinking exercises  (face-to-face & online-asynchronous)
* Scholarly assignments designed to support development of an evidence-based innovation and application

**G.         METHODS OF EVALUATION:**

* Content Expert Group Presentation
* Course participation/preparation & responses to structured discussion & critical thinking exercises (face-to-face /online asynchronous discussions)
* Case studies
* Tests
* Quizzes
* Peer Review

Grading Scale:

|  |  |  |  |
| --- | --- | --- | --- |
| 100-95% = A | 86-83%  = B | 76-73%  = C | 66-63%  = D |
| 94 90%  = A- | 82-80%  = B- | 72-70%  = C- | 62-60%  = D- |
| 89-87% = B+ | 79-77% = C+ | 69-67% = D+ | 59% and below=E |

Students must have an 80% average in this course to pass the course and continue in the nursing program. (Refer to Nursing Department Student Handbook)

To receive a grade, all course requirements must be met.

**H.        REQUIRED TEXTS:**

Ham, R. J., Sloane, P. D, Warshaw, G.A. Potter, J.F., & Flaherty, E. (2014). *Ham's primary care geriatrics: A case-based Approach* (6th ed.). St. Louis, MO: Elsevier.

**I.         COURSE FORMAT:**

1. Principles of Primary Care of Older Adults
   1. Aging and ageism
   2. Chronicity
   3. Polypharmacy
   4. Complimentary & Alternative Medicine
2. Care environments
   1. Cost and reimbursement for care
   2. Hospital care
   3. Long Term Care
   4. Assistive Living
   5. Retirement Communities
   6. Home Care
   7. Rehabilitation
   8. Palliative Care
3. Mental Health
   1. Chronic mental illness
      1. Schizophrenia
      2. BAD
   2. Mood and sleep disorders
      1. Depression
      2. Anxiety
      3. Insomnia
   3. Suicide in the older adult
   4. Delirium
   5. Dementia
      1. Alzheimer’s Disease
      2. MID
      3. ETOH related dementia
      4. Other dementias
4. Mobility
   1. Falls
   2. Alterations in Balance and Gait
   3. Confusion, mental health disease and syndromes
   4. Syncope
5. Elimination
   1. Urinary incontinence
   2. Fecal Incontinence and Constipation
6. Sensory alterations
   1. Visual changes
   2. Hearing changes
   3. Pain
   4. Peripheral neuoropathy
7. Fragile elderly
   1. Malnutrition
      1. Alcoholism
   2. Frailty
   3. Pressure ulcer
   4. Abuse and neglect
8. Alterations in Ventilation/Oxygenation
   1. COPD/Emphysema
   2. Pneumonia
9. Alterations in Perfusion
   1. Heart Failure
   2. Peripheral Vascular Disease
   3. CVA
10. Alteration in Metabolism
    1. Diabetes Mellitus and the Older adult
    2. Hypothyroidism
11. Musculoskeletal
    1. Osteoporosis
    2. Degenerative Joint Disease
    3. Foot problems
12. Miscellaneous Disorders
    1. Benign Prostatic Hypertrophy
    2. Parkinson’s Disease
13. Dermatological Issues
    1. Sun Damage
    2. Contact Dermatitis
    3. Lesions
14. Cancer in the Older Adult
15. End-of-Life Care

**J.        PROFESSIONAL CONDUCT:**

Students are expected to abide by the WSU student code and the Nurse Practice Act of the State of Utah. Plagiarism or any other form of cheating will result in failure of the course and probable dismissal from the FNP program. WSU subscribes to Turnitin.com, an electronic service that verifies the originality of student work. Enrollment in this course may require you to submit some or all of your assignments to it this semester, and documents submitted to TurnItIn.com are retained anonymously, in their databases. Continued enrollment in this course constitutes an understanding of an agreement with this policy.

**K.**        **SYLLABUS DISCLOSURE STATEMENT:**

The syllabus is the governing document for this course.  Your decision to take this course amounts to your tacit consent to the conditions of this syllabus.  The professor, as well, is bound by the terms of this syllabus and may not make any significant changes, unless the class as a whole approves them.

**L.**       **SERVICES FOR STUDENTS WITH DISABILITIES:**

Services for Students with Disabilities: Any student requiring accommodations or services due to a disability must contact Services for Students with Disabilities (SSD) in room 181 of the Student Service Center.  SSD can also arrange to provide course materials (including this syllabus) in alternative format if necessary.  Disabled individuals requesting accommodations should be referred to SSD so that disability documentation can be acquired and appropriate accommodations arranged.  Please phone: 801-626-6413.