

PROGRAM CHANGES
WEBER STATE UNIVERSITY

Submission Date: January 29, 2015

Submitter Name: Laura Santurri, PhD, MPH, CPH

College: Education

Department: Health Promotion & Human Performance

Program Title: Health Promotion Teaching Minor

Check all that apply:

- New course(s) required for major, minor, emphasis, or concentration.
- Modified course(s) required for major, minor, emphasis, or concentration.
- Credit hour change(s) required for major, minor, emphasis, or concentration.
- Credit hour change(s) for a course, which is required for the major, minor, emphasis, or concentration.
- Attribute change(s) for any course.
- Program name change.
- Deletion of required course(s).
- Program mode of delivery/format change (Graduate Programs ONLY)
- Other changes (specify) _____

JUSTIFICATION:

The proposed changes are a result of the requirements for the Health Education Endorsement from the Utah State Office of Education (i.e., the health promotion teaching minor is being updated in order to become aligned with state standards). The proposed reduction to 21 credit hours is in alignment with the State's requirement for completion of at least six courses in 1) personal health/wellness, 2) methods of teaching health, 3) human sexuality/sex education, 4) nutrition, 5) substance abuse prevention, and 6) mental health, stress management, or coping skills. See pages 2-5 of the Application for the Utah State Office of Education Health Education Endorsement (Appendix A). At 21 credit hours, this minor also meets the University's requirement of 15 credits or more for a minor (PPM 4-1).

Changes:

1. Removal of HLTH 3050 – School Health Program, as this course has not been offered during the past few years due to low enrollment numbers. In addition, the needed content of this course can be obtained in another required course (HLTH 3200 – Methods in Health Education).
2. Removal of HLTH 4150 – Needs Assessment and Planning Health Promotion Programs, which is not aligned with state standards.

3. The minor has been made almost entirely prescriptive (except for a choice between two courses that fulfill the Mental Health, Stress Management, or Coping Skills content requirement). This has been done to ensure that students meet state standards.
4. A program prerequisite (HLTH 1030 – Healthy Lifestyles) has been added to the list of required courses. While students were already required to take the course (as it is a prerequisite for a number of required courses), we felt the need to explicitly include it as a required course in the minor.
5. A note has been added to ensure that students are aware of the requirement to be CPR/First Aid certified (and have provided options on how to obtain that).
6. The note about the CHES examination has been changed to ensure that interested students speak with an academic advisor about examination eligibility (as this minor is aligned to state standards for the health education endorsement and not CHES examination eligibility).

Please see Appendix C for a clean copy of the catalog entry.

Copy the present program from the current catalog and add the required changes (exactly as you wish them to appear in the catalog). Use ~~strikeout~~ when deleting items in the program and **highlight** when adding items. If multiple changes are being proposed, please provide a summary.

Courses Required for Minors Seeking Teaching Certification

Selection/substitution of courses to meet the minimum 22 ~~21~~ hours for minor must be approved by an advisor.

- ~~HLTH NUTR 1020 LS - Science and Application of Human Nutrition Credits: (3)~~
- ~~HLTH 1030 SS - Healthy Lifestyles Credits: (3)~~
- ~~HLTH 1110 - Stress Management Credits: (3) or~~
~~HLTH 2400 Mind/Body Wellness Credits: (3)~~
- ~~HLTH 3000 - Foundations of Health Promotion Credits: (3)~~
- ~~HLTH 3050 - School Health Program Credits: (3)~~
- ~~HLTH 3200 - Methods in Health Education Credits: (3)~~
- ~~HLTH 3400 - Substance Abuse Prevention Credits: (3)~~
- ~~HLTH 3500 - Human Sexuality Credits: (3)~~
- ~~HLTH 4150 - Needs Assessment & Planning Health Promotion Programs Credits: (4)~~

~~*Students are required to have a current CPR/First Aid Card. This can be obtained through multiple mechanisms, including training through the Red Cross, or, by taking AT 1300 - First Aid: Responding to Emergencies (2 credits), AT 2175 - Introduction to Sports Medicine (through concurrent enrollment), or AT 2300 - Emergency Response (3 credits).~~

~~Courses Elected by Advisement for Minors Seeking Teaching Certification~~

- ~~HLTH 1020 LS - Science and Application of Human Nutrition Credits: (3)~~
- ~~-~~
- ~~HLTH 1110 - Stress Management Credits: (3) or~~
- ~~HLTH 1300 - First Aid: Responding to Emergencies Credits: (2)~~
- ~~HLTH 2400 - Mind/Body Wellness Credits: (3)~~
- ~~-~~

- HLTH 2700 - Consumer Health Credits: (3)
- HLTH 3400 - Substance Abuse Prevention Credits: (3)
- HLTH 3500 - Human Sexuality Credits: (3)

Notes:

Students must maintain a GPA of 3.0 or higher in minor coursework, and, must obtain a "C" or higher in each course.

A teaching major and the Teaching Education Professional Knowledge courses are is required for teacher certification.

Courses developed/selected based on providing students with the minimum competencies for entry-level health educators. Students must complete 25 semester hours of Health courses to qualify to sit to take national exam for qualification as a the Certified Health Education Specialist (CHES) examination. If you are interested in taking the CHES examination, please speak with an academic advisor to ensure that you are taking courses that will satisfy CHES examination eligibility requirements. This minor is designed to meet the standards associated with the Utah State Office of Education Health Education Endorsement and not CHES examination eligibility.

After the appropriate Approvals, Email the electronic file (Microsoft Word .docx) to bstockberger@weber.edu You may scan the Approval Page with the Signatures and email it, send a hard copy to MC 1033 through campus mail or bring to the Faculty Senate Office MA210J. Send all supporting documents pertaining to your proposal.

INFORMATION PAGE

Did this program change receive unanimous approval within the Department? yes If not, what are the major concerns raised by the opponents?

Explain any effects this program change will have on program requirements or enrollments in other departments including the Bachelor of Integrated Studies Program. In the case of similar offerings or affected programs, you should include letters from the departments in question stating their support or opposition to the proposed program.

While the Health Promotion Teaching Minor is available to all majors, the effect of our proposed changes on the PE major is particularly positive. The proposed Health Promotion Teaching Minor, at 21 credit hours, will easily fit into the PE major's degree plan and meets the state's requirements for health education endorsement. This should become an attractive, and logical, option for PE majors. See Appendix B for an e-mail documenting PE major support.

There are no other anticipated effects on other programs, including the BIS Program.

Indicate the number of credit hours for course work within the program. (Do not include credit hours for General Education, Diversity, or other courses unless those courses fulfill requirements within the proposed program.)

21 credit hours

Indicate the number of credit hours for course work within the current program. (Do not include credit hours for General Education, Diversity, or other courses unless those courses fulfill requirements within the current program.)

22 credit hours

Graduate Programs only: Describe any proposed changes in the instructional mode of delivery or course format that are program-wide in nature or that affect more than one-third of the course taught in the program (e. g. changing from in-class to online instruction).

APPROVAL PAGE

for: Health Promotion (Program Title)

Date submitted online _____

For new course proposals, excluding Experimental and Variable Title courses, the following must be completed by the Library bibliographer:

___ The WSU Library has adequate information resources to support this proposal.

___ Currently, the WSU Library does not have adequate information resources to support this course. However, if this proposal is approved, a Library bibliographer will work closely with departmental faculty to acquire the information resources needed. Funding for the new resources will come from the library's budget.

_____ WSU Librarian/Date

Approval Sequence:

[Signature] 1/29/15
Department Chair/Date (or BIS Director)

[Signature] 2/18/15
College Curriculum Committee/Date (Signature not needed on Experimental or Variable Title courses.)

Career and Technical Education Director. (Needed on new or deleted courses required in a 2-year program.)

[Signature] 2/17/15
Dean of College/Date

Courses required in programs leading to secondary undergraduate teacher certification must be approved by the University Council on Teacher Education before being submitted to the Curriculum Committee.
[Signature] 2/17/15
University Council on Teacher Education Date

Graduate course proposals must be reviewed by the University Graduate Council before being submitted to the Curriculum Committee.
I have read the proposal and discussed it with the program director.

University Graduate Council Representative Date

University Curriculum Committee/Date _____ Effective Semester _____

Passed by Faculty Senate _____ Date _____

Appendix A

Health Education Endorsement

Application for the Utah State Office of Education
Health Education Endorsement

Applicant Information

Name _____ Date Application Submitted _____

Cactus ID number _____

District _____ School _____

Major _____ Minor _____

Home Address _____

Home Phone _____ Work Phone _____

Email _____

MARK APPLICABLE BOX:

Endorsement only - \$25.00 fee

State Approved Endorsement Plan (SAEP) - \$35.00 fee

*Applicant must have a current license, be currently teaching in the endorsement area and have three required courses toward endorsement.

This is an application for ARL or Out of State Licensure - **NO ADDITIONAL FEE NECESSARY**

Questions about endorsement:

Linda Mayne
Health and Physical Education Specialist
Utah State Office of Education
Phone: 801-538-7734
Email: linda.mayne@schools.utah.gov

Send application, original transcripts,
and fee to:

Utah State Office of Education
Teaching and Learning - Endorsements
250 East 500 South
P.O. Box 144200
Salt Lake City, UT 84114-4200

Two methods to earn the Secondary Health Education Endorsement

1. Completion of University and/or Professional Development courses approved by USOE
2. Demonstrated Competency

University and Professional Development Courses Approved by USOE

1. Current Utah teaching license
2. Completion of the six required courses (1) Personal Health/Wellness (2) Methods of Teaching Health (3) Human Sexuality/Sex Education (4) Nutrition (5) Substance Abuse Prevention (6) Mental Health, Stress Management or Coping Skills
3. Current First Aid and CPR Certification
Submit copies of both sides of certification cards with application
4. *Methods of Teaching Health* should be taken within five years of the application. All other coursework must be within ten years
5. If you wish to substitute an "other" course, you must provide a course description
6. Provide course number for each required course

Demonstrated Competency

1. Current Utah teaching license
2. Score of 162 or more on Health Education Content PRAXIS exam 5551
Information on all Praxis tests can be found on the website: www.ets.org/praxis. To register for a test, go to the website and click on the link: *Register for a Test*. To find information on the content of a particular test, click on the link: *Prepare for a Test*.
3. Completion of the following course work (1) Methods of Teaching Health Education (2) Human Sexuality/Sex Education (3) Nutrition
4. Current First Aid and CPR Certification
Submit copies of both sides of certification cards with application

Requirements Checklist

The courses listed from the following Utah Universities or professional development courses have already been pre-approved for credit towards the endorsement. If you have a course that is not pre-approved, list course number and course title on other row and include course description and/or syllabus with application.

Health Education Endorsement

University courses are reviewed and approved by agreement with USOE. You must have original university transcript(s) attached (internet transcripts are not acceptable) or your OnTrack transcript with the courses highlighted. Professional Development courses other than those offered by the USOE must be approved by the USOE Health Curriculum Specialist.

1. Personal Health/Wellness

___	BYU:	HLTH 330	Principles and Practices of Health Promotion
___	SUU:	PE 1098	Wellness Dynamics
___	U of U:	HEdu 4200	Foundations of Health Education
___	USU:	HEP 3100	School Health Programs
___	UVU:	HLTH 1100	Personal Health
___	UVU:	HLTH 4050	Foundations of Health Education
___	WSU:	HLTH 1030	Healthy Lifestyles
___	WSU:	HLTH 3000	Foundations of Health Promotion
___	WSU:	HLTH 3050	School Health Program
___	USOE:		Personal Health and Wellness

___ Other: Course Title _____ # _____

2. Methods of Teaching Health

___	BYU:	HLTH 381	Health Education Teaching Methods
___	SUU:	PE 3720	Methods of Teaching Health Education
___	U of U:	HEdu 4230	Health Teaching in Secondary Schools
___	USU:	HEP 4400	Creative Methods of Teaching Health Education
___	UVU:	HLTH 4200	Health Education Teaching Methods
___	WSU:	HLTH 3200	Methods of Teaching Health Education
___	USOE:		Methods of Teaching Health Education

___ Other: Course Title _____ # _____

3. Human Sexuality/Sex Education

___	BYU:	HLTH 436	Human Sexuality Education in the Curriculum
___	SUU:	PE 3750	Methods of Teaching Human Sexuality Education
___	U of U:	HEDU 3000	Human Sexuality
___	USU:	HEP 4500	Sexuality Education within the Schools
___	UVU:	HLTH 2800	Human Sexuality

Health Education Endorsement

___WSU: HLTH 3500 Human Sexuality
___USOE: Human Sexuality/Sex Education

___Other: Course Title _____ # _____

4. Nutrition

___BYU: NDFS 100 Essentials of Human Nutrition
___SUU: NFS 1020 Scientific Foundations of Human Nutrition
___U of U: NUTR 3550 Healthy Weight for Life
___U of U: NUTR 4400 Nutrition Science
___USU: NFS 1020 Science and Application of Human Nutrition
___UVU: NUTR 1020 Foundations of Human Nutrition
___WSU: NUTR 1020 Foundations in Nutrition
___WSU: HLTH 4420 Nutrition and Fitness
___USOE: Performance Nutrition

___Other: Course Title _____ # _____

5. Substance Abuse Prevention

___BYU: HLTH 460 Substance Abuse Prevention
___SUU: PE 3790 Drugs and Alcohol
___U of U: HLTH 4180 Prevention Practices in Health Promotion
___USU: HEP 3000 Drugs and Human Behavior
___UVU: HLTH 2600 Drugs, Behavior and Society
___WSU: HLTH 3400 Substance Abuse Prevention
___USOE: Substance Abuse Prevention

___Other: Course Title _____ # _____

6. Mental Health, Stress Management or Coping Skills

___BYU: HLTH 383 Mind/Body Health
___SUU: PE 2100 Wellness Concepts
___U of U: HEdu 3160 Stress Management
___U of U: HEdu 4350 Resiliency

Health Education Endorsement

____ USU: HEP 2500 Health and Wellness
____ UVU: HLTH 2400 Concepts of Stress Management
____ WSU: HLTH 1110 Stress Management
____ WSU: HLTH 2400 The Art of Emotional Wellness
____ DIXIE: Psy 2430 Stress Management
____ DIXIE: Psy 3440 Child and Family Mental Health
____ USOE: Methods of Teaching Stress Management

____ Other: Course Title _____ # _____

7. Current CPR/First Aid Card

____ Copy attached

Other: Human Sexuality Instruction- State Law and Policy

Required of all Utah Teachers of Human Sexuality **AFTER** hire.

Alternative Route to Licensure (ARL) – Initial Licensure

1. Apply through ARL – Teacher Licensing Department.
2. Must complete University and Professional Development courses approved by USOE listed above (1 – 7).
3. Pass the Health Praxis Test # 5551 with a qualifying score of 162 or above.

Appendix B



Laura Santurri <laurasanturri@weber.edu>

Letter of support

1 message

Brian McGladrey <brianmcgladrey@weber.edu>

Wed, Jan 28, 2015 at 10:33 AM

To: Laura Santurri <laurasanturri@weber.edu>

Hi Laura,

As program director for physical education, I know that I can speak for our program faculty in providing unequivocal support for the changes you propose to the Health Promotion minor. The effects your proposed changes have on the PE major are all positive. The proposed Health Promotion minor, at 18 credit hours, will easily fit into our major's degree plan and meets the State's requirements for health education endorsement. This should become an attractive, and logical, option for our majors.

Thank you!

Brian McGladrey

Brian McGladrey, PhD, CSCS
Assistant Professor
Program Director, Sport Coaching & Physical Education
Facilities/Activities Director
Dept. of Health Promotion and Human Performance
Weber State University
801-626-8578
brianmcgladrey@weber.edu



Appendix C

Courses Required for Minors Seeking Teaching Certification

Selection/substitution of courses to meet the minimum 21 hours for minor must be approved by an advisor.

- NUTR 1020 LS - Science and Application of Human Nutrition Credits: (3)
- HLTH 1030 SS – Healthy Lifestyles Credits: (3)
- HLTH 1110 - Stress Management Credits: (3) or
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