

SPECIFIC GUIDELINES for HEALTH PROMOTION Projects

The requirement to complete an advanced-level project in health promotion addresses the growing role of the respiratory care practitioner in patient education, public education, and health promotion in general. This project may be satisfied in a number of ways, the following model projects are provided as a guideline only (other projects could be devised and approved).

Students could satisfy this project requirement by:

- 1) Becoming certified as a smoking cessation instructor through the American Lung Association, the American Cancer Society, or a hospital-based program, and then providing documentation of (# hours) of patient/participant teaching;
- 2) Providing nicotine intervention education in the public school sector (such as teach 20 hours of tobacco education/nicotine intervention to 5th and 6th grade students at Roy Elementary School, providing information about smoking and health, give students a quiz [pre-test] and post-test after my presentation to determine learning or attitudes....);
- 3) Participate as a camp counselor at the American Lung Association of Utah annual Asthma Camp or the Cystic Fibrosis Foundation CF Camp;
- 4) Become certified by the American Lung Association of Utah to provide Open Airways for Schools programs educating students and teachers about asthma and asthma management, and provide (#hours) actual teaching;
- 5) Participate in organizing and staffing the Science Olympiad, Science of Fitness testing stations, for the state junior high and high school competition.

This list represents projects which have been approved, and have provided students with excellent experiences and the public with excellent educational opportunities.

Whenever you develop your contract for the Health Promotion project, as with all projects, BE SPECIFIC. SPECIFY the number of classes, number of students, number of hours, location (s) of presentations, etc. Also include in the documentation section (#3), outlines, hand-outs, quizzes, surveys, etc. AND verification by outside agency (i.e. Lung Association, schools, etc.) of presentation time (s) and date (s).