

Weber State University
Course Schedule and Policies

ResThy3502 Introduction to Sleep Disorders

Instructor: Christopher R. Jones, M.D., Ph.D.
Assistant Professor, Department of Neurology
University of Utah School of Medicine, and
Co-medical Director, University Hospital Sleep Disorders Center

Dates: Mondays and Wednesdays: May 14, 16, 21, 23, 28, 30, & June 4, 6, 11, 13, 18, 20

Times: 5:00 p.m. to 8:00 p.m. lectures in Classroom "C" as described below:

The following are OPTIONS depending on your previous level of experience:

- a) One night observing sleep laboratory patient hook-up (8:30 p.m. –10:30 p.m.), and
- b) One night taking part in a sleep laboratory patient hook-up (7:30-10:30 p.m.) are encouraged if you have never seen a sleep study hook-up.

Schedule lab nights in advance through the Sleep-Wake Center secretary – Karen at (801) 581-2016 – for nights when it is feasible for you to come and stay until the technicians have "lights out" which is usually about 10:30 p.m.; no more than three students per night. These evening sessions may be accomplished any night that the Center has patients scheduled whether or not it is a classroom day although it is recommended that they be scheduled between May 18th and June 18th so as to take best advantage of the relevant lecture topics.

- c) Approximately one hour observing the daytime technician scoring a polysomnogram is also encouraged if you have no idea what a polysomnographic montage looks like on a computer. Schedule these daytime sessions by talking directly with the scoring technician (call the main Sleep-Wake Center number 801-581-2016 and ask for Jeff).

Places: Lectures: Classroom "C" (also know as Castleton Lecture Hall), 3rd floor, University of Utah school of Medicine (this is building #521 and is immediately south of, and adjacent to, the University Hospital); enter Classroom C immediately as you exit the "B" elevators on the third floor. See attached maps.

Parking: Second level down in the Visitors Parking Terrace immediately northwest of the University Hospital. If you have a University of Utah parking sticker on your car then Parking Services will think you are not a visitor and should not be parking in a visitor parking area; in this case you should fill out a "white slip" at the information desk just inside the main hospital lobby. See attached maps for directions through the main hospital lobby (where you can ask for directions) to the School of Medicine (bldg