

**PROGRAM CHANGES**  
WEBER STATE UNIVERSITY

**Submission Date: October 2012**

**College: Jerry and Vickie Moyes College of Education**

**Department: Health Promotion and Human Performance**

**Program Title: Physical Education—Teaching Major and Non-teaching Major**

Check all that apply:

- New course(s) required for major, minor, emphasis, or concentration.
- Modified course(s) required for major, minor, emphasis, or concentration.
- Credit hour change(s) required for major, minor, emphasis, or concentration.
- Credit hour change(s) for a course which is required for the major, minor, emphasis, or concentration.
- Attribute change(s) for any course.
- Program name change.
- Deletion of required course(s).
- Other changes (specify) Course name change for Adapted Physical Education, Program Admission and Retention Requirements

The proposed changes to the Physical Education Majors include: 1) three new courses, Motor Development and Learning PEP 3100 (4), and Curriculum and Assessment Lab PEP 3520L (1), and Structural Kinesiology PEP 3450 (3); 2) more course requirements for the Non-teaching major to reflect the needed content knowledge; 3) increased credit hour requirements; 4) credit hour reductions in some courses PEP 3240-3290 and an increase in PEP 3660 and 4990; 5) track name changes for simplification and a course name change for descriptive purposes; 6) deletion of three courses PEP 2600 Motor Development (3) and PEP 3610 Assessment and Technology in Physical Education (3) and Kinesiology PEP 3500 (3); and 7) program admission and retention requirements.

**JUSTIFICATION:**

**New course(s) required for major, minor, emphasis, or concentration.**

The primary purpose of the new course Motor Learning and Development PEP 3100 (4) is to increase the introduction and application of motor learning and motor development principles without significantly increasing the number of courses and credit hour demands of our students. The current course Growth and Motor Development PEP 2600 (3) attempts to introduce, emphasize, and assess two

critical areas of Physical Education which form the backbone of prospective Physical Education majors and minors content knowledge and teaching pedagogy; as well as forming a foundation for Sport Coaching minors. Growth and motor development and motor learning are two separate and equally important primary foci identified by the National Association for Sport and Physical Education (NASPE; the National Accreditation board for certifying prospective Physical Educators) standards: 1.2 and 1.3. Standard 1.2 states: Describe and apply motor learning and psychological/behavioral theory related to skillful movement, physical activity, and fitness. Standard 1.3 states: Describe and apply motor development theory and principles related to skillful movement, physical activity, and fitness. Consequently, the current course Growth and Motor Development PEP 2600 (3) fails to provide a comprehensive knowledge base, skill development, and evaluation of these two standards necessary in producing effective and quality physical educators and coaches. In addition, students are not able to put the principles and theories into effective practice. This new course will provide students with more opportunities to learn key principles of motor learning and motor behavior and put them into practice effectively. Finally, this new course would be in line with current accreditation requirements the Department and College are currently undergoing.

The primary purpose to include the new course Curriculum and Assessment Lab PEP 3520L (1) is to allow the students to have a practicum teaching experience in an area school where they will apply the principles learned in the Curriculum and Assessment PEP 3520 (3) course. These practicum experiences are invaluable for our students to utilize their prepared lesson plans and assessments with K-12 students in addition to practicing with their peers. NASPE Standards for Initial Physical Education Teachers (Elements 3.1, 2, 3, 4, 5, 6, 7 and 4.1, 2, 3, 4, 5, 6) requires students to 'utilize' and 'implement' their lessons and managerial plans and 'provide feedback' and 'adapt instruction' with K-12 students. This addition will provide the ability to distinguish and document the students' content knowledge and their teaching pedagogy. By holding our students accountable for both content knowledge and ability to teach, we will be able to identify those students who need more help and can provide additional training as needed.

A new course Structural Kinesiology PEP 3450 (3) will include content needed for Physical Education Majors and will replace Kinesiology PEP 3500 (3).

Changes in the courses required for the Physical Education Non-teaching major reflect the additional content typically required for those students who will seek employment opportunities in activity settings outside of the public school venue. These other opportunities in the corporate, military, or recreation setting typically require content knowledge in a greater variety of lifelong activities, leadership, and coaching sport. Additional courses have been determined according to those perceived needs.

**Modified course(s) required for major, minor, emphasis, or concentration.**

The Physical Education Non-teaching major is offered to students who will likely seek employment in an activity venue aside from teaching. These other opportunities in the corporate,

military, or recreation setting typically require content knowledge in a greater variety of lifelong activities, leadership, and coaching. Additional courses have been determined according to those perceived needs. Also, see 'New course(s) required for major, minor, emphasis, or concentration' above and 'Credit hour change(s) required for major, minor, emphasis, or concentration' below.

A new course Structural Kinesiology PEP 3450 (3) will include content needed for Physical Education Majors and will replace Kinesiology PEP 3500 (3).

Changes in the courses required for the Physical Education Teaching Major are represented in the justification for 'New course(s) required for major, minor, emphasis, or concentration', 'Credit hour change(s) required for major, minor, emphasis, or concentration', and 'Credit hour change(s) for a course which is required for the major, minor, emphasis, or concentration'.

**Credit hour change(s) required for major, minor, emphasis, or concentration.**

Changes in the number of required credits for the Physical Education Non-teaching major have been increased (39-43 to 55-56) to reflect the added content skills typically needed to work outside the teaching fields in corporate, military, recreational settings. The Physical Education Non-teaching Major will no longer require a minor.

Changes in the number of required credits for the Physical Education Teaching major have increased (39-43 to 43-44) to accommodate the addition of the Motor Learning and Development PEP 3100 (4) course, the Curriculum and Assessment Lab PEP 3520L (1) and the increased number of credits from 2 to 3 for the Senior Seminar PEP 4990 course (3) and the Adapted Physical Education PEP 3660 course (2-3). There are also two course deletions, Motor Development PEP 2600 (3) and Assessment and Technology in Physical Education PEP 3610 (3) and changes in the Skills Development and Methods of Teaching courses from 3 to 2 credits each and a requirement to take eight of these courses instead of five courses.

**Credit hour change(s) for a course which is required for the major, minor, emphasis, or concentration.**

The primary changes to the existing Skill Development and Methods of Teaching courses reflect the need to improve our prospective Physical Education and Coaching students' content and pedagogical skills. Currently these students are not required to take every "Skill Development and Methods of Teaching" course, rather they are allowed to select courses that fulfill specific content "areas" (i.e. Team Sports; Individual Sports; Conditioning). Consequently students are taking courses they admit will be "easy" based on their previous knowledge and experience in particular sports/activities which translates into a limited knowledge base not only in skill development but also in teaching efficacy in a variety of sports/activities necessary for a quality physical educator and coach. Eventually, as these students enter their practica for certifications, they are lacking in many basic content, skill, knowledge, and teaching capabilities. As such, the goal of this course change is to require our Physical Education and Coaching students to take every "Skill Development and Methods of Teaching" courses to achieve all of the National Association for Sport and Physical Education (NASPE; the National Accreditation board for certifying prospective Physical Educators) standards and at least 18 NASPE Specific Learning Outcomes

## Proposed Curriculum Changes for PEP      New and Revised Physical Education Programs

for beginner teachers (1.5, 1.5, 2.2, 2.3, 3.3, 4.1, 4.2, 4.3, 4.4, 4.5, 4.6, 5.1, 5.2, 5.3, 6.1, 6.2, 6.3, and 6.4).

One change is to incorporate a “laboratory” portion of the course such that students’ content knowledge and skill development can be evaluated separately from their teaching pedagogy and efficacy. Thereby the instructors of these courses can identify prospective Physical Education and Coaching majors and minors who may be able to perform skills but not teach them and vice-versa. By holding our students accountable for both aspects (doing/knowing and teaching) we will be able to identify those students who need more help in specific areas and which students to allow into their respective programs for certification (or not). In addition each “Skill Development and Methods of Teaching” course will meet for 100 minutes a day for 2 days a week to ensure instructors and students have adequate time to introduce, discuss, and teach a wide variety of skills, activities, and sports as required by NASPE.

The rationale for the changes for the Adapted Physical Education PEP 3660 course from 2 to 3 credits include: 1) Current course credit hours limit the amount of content knowledge and exploration into the 13 disability categories recognized by the Department of Education and IDEA (Individuals with Disabilities Education Act). Currently students enrolled in the class receive a minimal look into the major disabilities they will most likely encounter in the school system (i.e. autism, mental retardation, cerebral palsy, ADD/ADHD, etc.) rather than a comprehensive examination into each disability, including appropriate teaching and management strategies, for each of the 13 recognized disabilities. 2) Expansion of course credit hours would allow/encourage the establishment of a community based learning portion to the class through the development of an in-house clinic for children and young adults with disabilities. This clinic would provide students enrolled at Weber State University the opportunity to provide one-on-one instruction and interaction with a child / young adult who has a disability. The clinic would focus on the motor and cognitive growth of each individual with a disability with an emphasis on improving their functional independence and social growth. 3) Course credit hours change would be in line with the majority of university and college institutions across the nation (i.e., University of Georgia; California State University; Indiana University; etc.).

Students enrolled in the Senior Seminar course PEP 4990 have a face to face class experience as well as a 60 hour practicum teaching experience. To prepare for the 60 hour practicum developing lesson plans, planning assessments, reporting scores, etc. students spend a minimum of 60 additional hours. The course currently is given 2 credits only and should be raised to 3 credits to reflect more accurately the number of hours preparing for and teaching in the practicum experience.

### **Program name change**

The names of the two tracks have been changed from ‘Track I’ and ‘Track II’ to ‘Teaching’ and ‘Non-teaching’ for ease of remembering which track refers to teaching and which track refers to non-teaching.

### **Course Name change for Adapted Physical Education**

1) Current course name, ‘Physical Education for Individuals with Disabilities’, indicates/highlights the term disability. Recent and current legislation (i.e. Section 540 of the

Rehabilitation Act of 1973, Education for all Handicapped Children Act of 1975, IDEA (1990; 1997; 2004)) encourages the focus of education to be on the individuals capabilities not on their disabilities and to foster inclusion, not exclusion. The current course name by including the term “disabilities” inherently begins the exclusion process rather than the inclusion process before students even enter the classroom. The new proposed course name “Adapted Physical Education” encourages the students to develop Physical Education learning environments which include EACH individual (not just those with defined disabilities). The focus of the new course name (“Adapted Physical Education”) would additionally support the philosophy of inclusion (not exclusion) and establishment of the least restrictive environments (and not the most restrictive environments, which the current course name may innately suggest).

- 2) Course name change would be in line with the majority of university and college institutions across the nation (i.e., University of Georgia; California State University; Indiana University; etc.).
- 3) Course name change would support the terminology used by course textbooks and additional readings.

### **Deletion of required course(s)**

Three courses have been deleted from the Physical Education non-teaching and teaching majors, Motor Development PEP 2600 (3) and Assessment and Technology in Physical Education PEP 3610 (3) and Kinesiology PEP 3500 (3). Content previously taught in Motor Development PEP 2600 (3) will be incorporated into the new course Motor Development and Learning PEP 3100 (4). Content previously taught in Assessment and Technology in Physical Education PEP 3610 (3) will be incorporated into the revised course Curriculum and Assessment PEP 3520 (3) and the accompanying Lab PEP 3520L (1). A new course Structural Kinesiology PEP 3450 (3) will include content needed for Physical Education Majors.

**Program admission and retention requirements** have been included in the catalog to give students written documentation of what will be expected of them as a Physical Education major.

Copy the present program from the current catalog and add the required changes (exactly as you wish them to appear in the catalog). Use ~~strikeout~~ when deleting items in the program and **highlight** when adding items. If multiple changes are being proposed, please provide a summary.

**Submit the original to the Faculty Senate Office, MC 1033, and an electronic copy [bstockberger@weber.edu](mailto:bstockberger@weber.edu)**

**INFORMATION PAGE**

Did this program change receive unanimous approval within the Department? yes If not, what are the major concerns raised by the opponents?

Explain any effects this program change will have on program requirements or enrollments in other departments including the Bachelor of Integrated Studies Program. In the case of similar offerings or affected programs, **you should include letters from the departments in question stating their support or opposition to the proposed program.**

Indicate the number of credit hours for course work within the program. (Do not include credit hours for General Education, Diversity, or other courses unless those courses fulfill requirements within the proposed program.)  
55-56 Non-teaching Track, 43-44 Teaching Track

Indicate the number of credit hours for course work within the current program. (Do not include credit hours for General Education, Diversity, or other courses unless those courses fulfill requirements within the current program.)  
46-50 Track I /39-43 Track II

APPROVAL PAGE


for: Physical Education—Teaching Major and Non-teaching Major (Program Title)

Date submitted online: November 2012

For new course proposals, excluding Experimental and Variable Title courses, the following must be completed by the Library bibliographer:

The WSU Library has adequate information resources to support this proposal.

Currently, the WSU Library does not have adequate information resources to support this course. However, if this proposal is approved, a Library bibliographer will work closely with departmental faculty to acquire the information resources needed. Funding for the new resources will come from the library's budget.

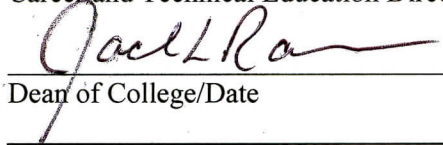
 WSU Librarian/Date

**Approval Sequence:**

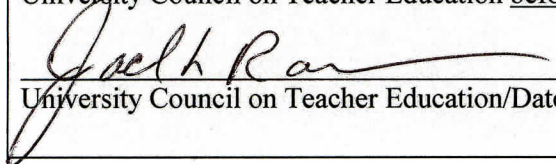
 11/15/12  
Department Chair/Date (or BIS Director)

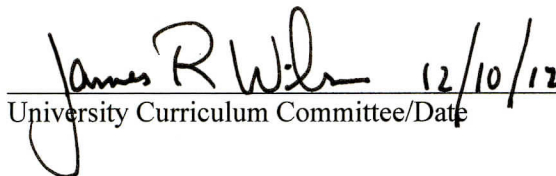
 11/13/12  
College Curriculum Committee/Date (Signature not needed on Experimental or Variable Title courses.)

\_\_\_\_\_  
Career and Technical Education Director. (Needed on new or deleted courses required in a 2-year program.)

 11/15/12  
Dean of College/Date

Courses required in programs leading to secondary undergraduate teacher certification must be approved by the University Council on Teacher Education before being submitted to the Curriculum Committee.

 11/20/12  
University Council on Teacher Education/Date

 12/10/12  
University Curriculum Committee/Date

Effective Date \_\_\_\_\_

Passed by Faculty Senate \_\_\_\_\_ Date \_\_\_\_\_

## Physical Education Major

The Department of Health Promotion and Human Performance offers an undergraduate degree in Physical Education. The Physical Education Track I **Non-teaching** Major is designed to prepare students to work in a physical activity venue. A minor must also be selected. The Physical Education Track II **Teaching** Major is designed to prepare students to teach physical education in the public a **K-12** school system. A teaching minor is to be selected in addition to the teaching major to prepare students to enter the Teacher Education program and to become licensed to teach in the public a **K-12** school system.

***Track I (non-teaching)**—Physical Education Major K-12. Students selecting Track I must meet all requirements except those necessary for Licensure.*

Physical Education Non-teaching Track students must meet all requirements for the Physical Education Teaching Track except those needed for Teacher Licensure and an additional 12 credits listed below.

***Track II (teaching)**—Physical Education Major K-12/Licensure. Students selecting Track II must meet all requirements of Track I, plus those required for Licensure.*

Physical Education Teaching Track students must meet all requirements for the Physical Education Teaching Track and those requirements needed for Teacher Licensure (27).

- **Program Prerequisite:** Students selecting Track II, Physical Education Major K-12/Licensure, the **Physical Education Teaching Track** must meet the Teacher Education admission and licensure requirements (see [Teacher Education Department](#) in this catalog).
- **Minor:** Track I **Physical Education Non-Teaching Track** does not require a minor. Track II **Physical Education Teaching Track** requires a teaching minor.
- **Grade Requirements:** Students selecting Track I, Physical Education Major K-12—a GPA of 2.85 or better is required in all physical education courses used toward the major. No more than one “D” grade is acceptable. Students selecting Track II, Physical Education Major K-12/Licensure—a GPA of 2.85 or better is required in all physical education courses used toward the major. A combined GPA of 2.85 is required for all courses used toward the major. No more than one course grade lower than a “D+” is acceptable.
- **Credit Hour Requirements:** A minimum of 120 credit hours is required for graduation. A minimum of 40 upper-division credit hours is required (courses number 3000 and above).

*Track I Physical Education Non-teaching Track- Total minimum credit hours received required in the Major (39-43) (55-56), the Minor (20-24) and General Education (38) = 97-105. The 15-23 additional credits needed can be obtained through the selection of one of the following: 1) selection of a second minor; 2) selection of suggested support courses within the program; or 3) selection of elective courses.*



*Track II Physical Education Teaching Track - Total minimum credit hours received required in the Major (39) (43-44), the Minor (18), General Education (38), Teacher Education (24), and Teacher Education support courses (9) = 128.*

*Any Physical Education Professional course older than 8 years will not be accepted toward degree requirements.*

## Advisement

All Physical Education students are encouraged to meet with a faculty mentor or the department advisement coordinator each semester for course and program advisement. Call 801-626-7425 or send a message to [sjensen3@weber.edu](mailto:sjensen3@weber.edu) for more information or to schedule an appointment. Teaching majors are encouraged to also consult with advisors in the Jerry and Vickie Moyes College of Education (call 801-626-6269). (Also refer to the [Department Advisor Referral List](#).)

## Admission Requirements

Students applying for Track I or Track II should apply with the HPHP department and formally declare a program of study with a faculty mentor (see [Enrollment Services and Information](#)). Call 801-626-7425 for more information. Students must apply for Physical Education program admittance by November 10 or March 10 of their **first** semester of taking Physical Education Professional [PEP] courses. Applications are available from the Physical Education Program Director. In addition, sStudents applying for the Teaching Track II must meet the Teacher Education admission and licensure requirements (see [Teacher Education Department](#) in this catalog). Students will not be allowed to register for PEP 3520, 3520L, 3630, 3660, 4830C, 4830, or 4990 until admission requirements have been met.

Admission requirements include:

1. Declared major or minor or BIS in a Physical Education or Coaching Education program
2. Minimum cumulative GPA of 2.75.
3. Students may transfer a maximum of 12 physical education professional course credits from another institution per the Physical Education Program Director approval.
4. Fingerprinting/background check must be cleared prior to admission to the program. Provisional admission is granted for one semester only until the check is completed.
5. Sport specific skills and fitness tests must be completed and passed at the Control/Utilization Level and Healthy Fitness Zone. Sport specific skill and fitness testing is offered once during each of fall and spring semesters. Provisional admission may be granted for up to three semesters.
6. Student Disposition score above 20 in each course taken.
7. Student must adhere to the Health Promotion and Human Performance Department 'Student Conduct Policy' available online at <http://www.weber.edu/wsuiimages/HPHP/StudentCode/HPHPStudentCode.pdf>.

### Program Retention Requirements

After admission into the Physical Education major/minor programs, students will be retained based on the following:

1. Minimum cumulative GPA of 2.85

2. Earned grade of C- or above for each required course.
3. Clear fingerprinting/background check.
4. Retention/improvement of sport specific and fitness skills.
5. Student Disposition score above 20 in each course.
6. Student must adhere to the Health Promotion and Human Performance Department 'Student Conduct Policy' available online at <http://www.weber.edu/wsuiimages/HPHP/StudentCode/HPHPStudentCode.pdf>.

## General Education

Refer to Degree and General Education Requirements for Bachelor of Science requirements.

*Both Tracks I and II are K-12 majors. Track II Physical Education Major K-12/Licensure qualifies graduates to teach physical education at both the elementary and secondary levels.*

General Education courses required for the Physical Education major are:

NUTR LS 1020 Science and Application of Human Nutrition (3)

HTHS LS 1110 BioMed Core

See major and minor course prerequisites for additional General Education recommendation/requirements.

Also see Teacher Education Requirements for recommended and required General Education courses for Physical Education Teaching Track Majors.

## Major Course Requirements for BS Degree

### Professional Knowledge (23 23 credit hours)

- PEP 2000 - Foundations of Physical Education (3)
- ~~PEP 2600 - Growth and Motor Development (3)~~
- PEP 3100 - Motor Learning and Development (4)
- PEP 3450 - Structural Kinesiology (3)
- ~~PEP 3500 - Kinesiology (3)~~
- PEP 3510 - Exercise Physiology (3)
- PEP 3520 - Curriculum and Assessment (4) - Curriculum Development/ Instructional Strategies (3)
- PEP 3520L - Curriculum and Assessment Lab (1)
- ~~PEP 3610 - Assessment/Technology in Physical Education (3)~~
- PEP 3630 - Physical Education K-6 (3) (2)
- PEP 3660 - Adapted Physical Education (3) Physical Education for Students with Disabilities (2)

### Field Experience (2 3 credit hours)

Proposed Curriculum Changes for PEP      New and Revised Physical Education Programs

- PEP 4990 - Field Experience/Senior Seminar (2) (3)

**Skill Development and Methods of Teaching (12-15 16 credit hours)**

*Students must select PEP 3290 plus one course each from the areas of team sports and individual sports plus two additional courses from any of the following three areas (total of five courses).*

**Area 1 Team Sports:**

- PEP 3240 - Skill Development and Methods of Teaching Field Sports (3) (2)
- PEP 3242 - Skill Development and Methods of Teaching Court Sports (3) (2)
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**Area 2 Individual Sports:**

- PEP 3260 - Teaching Lifelong Leisure Activities (2)
- PEP 3262 - Skill Development and Methods of Teaching Individual Sports (3) (2)
- PEP 3264 - Skill Development and Methods of Teaching Racket Sports (3) (2)

**Area 3 Conditioning:**

- PEP 3270 - Teaching Aerobic Conditioning (2)
- PEP 3280 - Teaching Neuromuscular Conditioning (2)
- PEP 3290 - Skill Development and Methods of Teaching Fitness for Life (3) (2)
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**Required Support Course (2-3 credit hours)**

- HLTH 1300 - First Aid: Responding to Emergencies (2) or
- AT 2175 - Introduction to Sports Medicine (3)

**Note:**

*Suggested Support Courses for Track I: Additional Skill Development and Methods Courses, PEP 2500, PEP 3550, PEP 4860C, HLTH 2300. An additional 7 credit hours of PEP elective courses are required for Track I.*

Students choosing the Non-teaching Physical Education Major are required to take an additional 12 credits of the following courses:

- PEP 2100 - Introduction to Coaching (3)

- PEP 2500 - Sport Pedagogy (3)
- PEP 2700 - Sociohistorical Aspects of Sport (3)
- PEP 3400 - Sport Psychology for Coaches (3)
- PEP 4620 – Leadership in Human Performance Management (3)
- PEP 4830C - Field Experience Coaching (3)
- REC 3050 - Recreation and Leisure (3)
- REC 3600 - Outdoor Adventure Recreation (3)
- REC 3810 - Recreation Leadership and Management (3)
- NUTR 3020 - Sports Nutrition (3) or
- NUTR 4420 - Nutrition and Fitness (3)

The following is how we would like the catalogue to read:

## Physical Education Major

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The Department of Health Promotion and Human Performance offers an undergraduate degree in Physical Education. The Physical Education Non-teaching Major is designed to prepare students to work in a physical activity venue. The Physical Education Teaching Major is designed to prepare students to teach physical education in a K-12 school system. A teaching minor is to be selected in addition to the teaching major to prepare students to enter the Teacher Education program and to become licensed to teach in a K-12 school system.

Physical Education Non-teaching Track students must meet all requirements for the Physical Education Teaching Track except those needed for Teacher Licensure and an additional 12 credits listed below.

Physical Education Teaching Track students must meet all requirements for the Physical Education Teaching Track and those requirements needed for Teacher Licensure (27).

- **Program Prerequisite:** Students selecting the Physical Education Teaching Track must meet the Teacher Education admission and licensure requirements (see [Teacher Education Department](#) in this catalog).
- **Minor:** Physical Education Non-Teaching Track does not require a minor. Physical Education Teaching Track requires a teaching minor.
- **Grade Requirements:** A combined GPA of 2.85 is required for all courses used toward the major. No more than one course grade lower than a “D+” is acceptable.
- **Credit Hour Requirements:** Physical Education Non-teaching Track- Total minimum credit hours required in the Major (55-56). Physical Education Teaching Track - Total minimum credit hours required

in the Major (43-44). Any Physical Education Professional course older than 8 years will not be accepted toward degree requirements.

## Advisement

All Physical Education students are encouraged to meet with a faculty mentor or the department advisement coordinator each semester for course and program advisement. Call 801-626-7425 or send a message to [sjensen3@weber.edu](mailto:sjensen3@weber.edu) for more information or to schedule an appointment. Teaching majors are encouraged to also consult with advisors in the Jerry and Vickie Moyes College of Education (call 801-626-6269). (Also refer to the [Department Advisor Referral List](#).)

## Admission Requirements

Students must apply for Physical Education program admittance by November 10 or March 10 of their **first** semester of taking Physical Education Professional [PEP] courses. Applications are available from the Physical Education Program Director. In addition, students applying for the Teaching Track must meet the Teacher Education admission and licensure requirements (see [Teacher Education Department](#) in this catalog). In addition, students applying for the Physical Education Specialization grades 1-8 *must also meet the Teacher Education* admission and licensure requirements. Students will not be allowed to register for PEP 3520, 3520L, 3630, 3660, 4830, 4830C, or 4990 until admission requirements have been met.

Admission requirements include:

1. Declared major or minor or BIS in a Physical Education or Coaching Education program
2. Minimum cumulative GPA of 2.75.
3. Students may transfer a maximum of 12 physical education professional course credits from another institution per the Physical Education Program Director approval.
4. Fingerprinting/background check must be cleared prior to admission to the program. Provisional admission is granted for one semester only until the check is completed.
5. Sport specific skills and fitness tests must be completed and passed at the Control/Utilization Level and Healthy Fitness Zone. Sport specific skill and fitness testing is offered once during each of fall and spring semesters. Provisional admission may be granted for up to three semesters.
6. Student Disposition score above 20 in each course taken.
7. Student must adhere to the Health Promotion and Human Performance Department 'Student Conduct Policy' available online at <http://www.weber.edu/wsuiimages/HPHP/StudentCode/HPHPStudentCode.pdf>.

### Program Retention Requirements

After admission into the Physical Education major/minor programs, students will be retained based on the following:

1. Minimum cumulative GPA of 2.85
2. Earned grade of C- or above for each required course.
3. Clear fingerprinting/background check.
4. Retention/improvement of sport specific and fitness skills.

5. Student Disposition score above 20 in each course.
6. Student must adhere to the Health Promotion and Human Performance Department 'Student Conduct Policy' available online at  
<http://www.weber.edu/wsuiimages/HPHP/StudentCode/HPHPStudentCode.pdf>.

## General Education

Refer to [Degree and General Education Requirements](#) for Bachelor of Science requirements.

A General Education course required for the Physical Education major is:

NUTR LS 1020 Science and Application of Human Nutrition (3)

HTHS LS 1110 BioMed Core

See major and minor course prerequisites for additional General Education recommendation/requirements.

## Major Course Requirements for BS Degree

### Professional Knowledge (23 credit hours)

- [PEP 2000 - Foundations of Physical Education](#) (3)
- [PEP 3100 – Motor Learning and Development](#) (4)
- [PEP 3450 – Structural Kinesiology](#) (3)
- [PEP 3510 - Exercise Physiology](#) (3)
- [PEP 3520 - Curriculum and Assessment](#) (4)
- [PEP 3520L - Curriculum and Assessment Lab](#) (1)
- [PEP 3630 - Physical Education K-6](#) (2)
- [PEP 3660 – Adapted Physical Education](#) (3)

### Field Experience (3 credit hours)

- [PEP 4990 - Field Experience/Senior Seminar](#) (3)

### Skill Development and Methods of Teaching (16 credit hours)

#### Area 1 Team Sports:

- [PEP 3240 - Skill Development and Methods of Teaching Field Sports](#) (2)
- [PEP 3242 - Skill Development and Methods of Teaching Court Sports](#) (2)

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**Area 2 Individual Sports:**

- PEP 3260 - Teaching Lifelong Leisure Activities (2)
- PEP 3262 - Skill Development and Methods of Teaching Individual Sports (2)
- PEP 3264 - Skill Development and Methods of Teaching Racket Sports (2)
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**Area 3 Conditioning:**

- PEP 3270 - Teaching Aerobic Conditioning (2)
- PEP 3280 - Teaching Neuromuscular Conditioning (2)
- PEP 3290 - Skill Development and Methods of Teaching Fitness for Life (2)
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**Required Support Course (2-3 credit hours)**

- HLTH 1300 - First Aid: Responding to Emergencies (2) or  
AT 2175 - Introduction to Sports Medicine (3)

Students choosing the Non-teaching Physical Education Major are required to choose an additional 12 credits of the following additional courses:

- PEP 2100 - Introduction to Coaching (3)
- PEP 2500 - Sport Pedagogy (3)
- PEP 2700 - Sociohistorical Aspects of Sport (3)
- PEP 3400 - Sport Psychology for Coaches (3)
- PEP 4620 – Leadership in Human Performance Management (3)
- PEP 4830C - Field Experience Coaching (3)
- REC 3050 - Recreation and Leisure (3)
- REC 3600 - Outdoor Adventure Recreation (3)
- REC 3810 - Recreation Leadership and Management (3)
- NUTR 3020 - Sports Nutrition (3) or
- NUTR 4420 - Nutrition and Fitness (3)