

I. SENSATION AND PERCEPTION A. Experiencing the World

The Assumption of Mental States

- The Biology Chapter makes clear that mental states can not be part of psychology.
 - My dreams do not reflect my <u>desires</u>, rather my pons are activating and I am telling a story about them.
 - I am not <u>feeling happy</u>, rather the neurons in my hypothalamic "pleasure center" are activated.
- Maybe instead of using the language of folk psychology (belief and desire), we can use the language of neural impulses and neurotransmitters.

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- The assumptions of perfect perception
 - The assumption of mental states was challenged in the chapter on Biology.
 - The assumption of perfect perception will be challenged in this the Sensation and Perception Chapter.
- Do we see the world as it truly is?
 - To answer this question, we need to know how the physical world is pick up by sensory receptors.

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- How we perceive involves the study of:
 - Mathematics: Formal relation between the magnitude of the physical stimuli and the psychological experiences..
 - Physics: The studies of the energies from the physical world which arrives to sensory receptors.
 - **Biology**: The study of how sensory receptors translate physical energy into information that can be used by the nervous system.
 - **Psychology**: The study of how neural impulses are interpreted.



- Sensory receptors: Specialized cells that convert physical energies into neural impulses which can be transmitted to the brain.
 - Many different kinds of sensory information:
 - Sight
 - Hearing
 - Smell
 - Taste
 - Touch
 - Actually there are more than 5 senses:
 - Balance,
 - Temperature (warmth, cold)

Pain

I. SENSATION AND PERCEPTION B. The Mathematics of Experience

- The Science of Psychology was born in order to answer philosophers' questions about how the external world of physical stimuli was related to the internal world of psychological sensations.
 - One of the first areas of study in psychology was <u>Psychophysics</u>
 - Psychophysics is the study of how the physical properties of stimuli are related to the psychological experiences of them.
- Psychophysics identifies <u>thresholds</u> which are our ability to detect stimuli.

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- **1.** Absolute Thresholds
- An **Absolute Threshold** is the smallest quality of physical energy that can be reliably detected by an observer.
 - Vision: A single candle flame from 30 miles on a dark, clear night
 - Hearing: The tick of a watch from 20 feet in total quiet
 - Smell: 1 drop of perfume in a 3-room apartment
 - Touch: The wing of a bee on your cheek, dropped from 1 cm
 - Taste: 1 teaspoon of sugar in 2 gallons of water

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- 2. Difference Thresholds or JNDs Just Noticeable Differences
- JND: The smallest difference in stimulation that can be reliably detected by an observer when 2 stimuli are compared.
 - How small a difference can we detect when comparing the weight, size or any other magnitude of objects?
 - Our ability to detect a difference between stimuli A and B <u>are relative to</u> the initial value of value A.

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- That JNDs are relative demonstrates that our perceptual system does not work objectively.
 - If comparing 2 weights and one is very light, then you will notice differences between A and B of fractions of an ounce.
 - If comparing 2 weights and one is very heavy, then your JND is much higher.
- This relativity of JNDs apply widely
 - Earn only a little money how much harder would you work to earn \$100 more a week?
 - Earn lots of money how much harder would you work to earn \$100 more a week?

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3. Signal Detection Theory

- Challenges the assumption of a direct link from magnitudes of sensation (external world) to perceptual experiences (internal world)
 - In this theory, judgments between stimuli and perceptions can be broken down into two components:
 - Sensory process: Process by which information is detected by the CNS.
 - **Decision or Perceptual Processes.** Process involved in making a decision that some thing is perceived.

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Consider a study in which a person is to say "present" when a stimulus is there (or different than before).

		Stimulus is Present	Stimulus is Absent
	Response: "Present"	Hit	False Alarm
	Response: "Absent"	Miss	Correct Rejection

 A High Miss Rate: A person form whom it takes lots of stimulus energy to judge that a stimulus is there (or different)

• A High False Alarm rate: A person for whom it takes little stimulus energy to judge that a stimulus is there (or different)

I. SENSATION AND PERCEPTION C. Sensation vs. Perception

- The Signal Detection Theory suggests that there is an important distinction to be made between <u>Sensation and Perception</u>
 - Sensation is the study of how sensory information is detected and translated into neural information.
 - Perception The process by which the brain organizes and interprets information (Meaning making)
- We will spend the rest of this lecture on Sensation and pick up on Perception next time